



The Food Pantries for the Capital District Resource Flyer Saratoga County



If you know of a community resource that is not on this flyer, please email the Referral Team at resourcenavigator@thefoodpantries.org

Franklin Free Store

Stop in any weekday from 9 AM – 12 PM to shop their stock of essential items – completely free for neighbors in need.

Shoppers are welcome up to two times per month.

Franklin Free Store:

101 Washington St.
Saratoga Springs, NY 12866



Benson's Cares - Pet Food Pantry

By Appointment Only

12 Fire Road, Clifton Park, NY 12065

(518) 383 - 5418 ext. 2111



Mass Food Distribution



CAPTAIN Community Human Services

September 25th at 9:30am

Cheryl's Lodge

25 Fern Lane, Clifton Park, 12065

Community Events and Resources



**"Gather & Dine" Daily Senior Lunch Program Monday-Friday from 12 to 12:30pm
Moreau Community Center - 144 Main Street, South Glens Falls, NY 12803**

Suggested contribution is \$2 per meal.

24-hour reservations are REQUIRED. Call the Center at (518)792-6007. DO NOT leave a message on voice mail - be sure to talk to a person to secure your reservation.

The poster for the Putnam Place BBQ & Blues Jam features two musicians. On the left, a man with a beard and sunglasses plays a red electric guitar. On the right, a man in a suit plays a black electric guitar. The background is dark with blue and purple lighting effects. The text "Putnam Place" is in a white script font, with "SARATOGA SPRINGS, NY" in a smaller sans-serif font below it. The main title "BBQ & BLUES JAM" is in large, bold, stylized letters. At the bottom, it says "HOSTED BY Sly Fox & George Boone". On the right side, there are three icons with text: a guitar for "OPEN BLUES JAM SESSION", a drum set for "BACKLINE PROVIDED", and a grill for "BARBECUE FOOD ON THE PATIO". At the bottom right, there is an envelope icon with the text "WANT TO JOIN THE JAM? SIGN UP IN ADVANCE: GARY@PUTNAMPLACE.COM".

Putnam Place
SARATOGA SPRINGS, NY

BBQ & BLUES JAM

★ HOSTED BY ★
Sly Fox & George Boone

EVERY TUESDAY
7PM - 10PM
PAY WHAT YOU WANT

OPEN BLUES JAM SESSION

BACKLINE PROVIDED

BARBECUE FOOD ON THE PATIO

WANT TO JOIN THE JAM?
SIGN UP IN ADVANCE:
GARY@PUTNAMPLACE.COM

COMMUNITY EVENTS:



FREE CLOTHING

For anyone in need!



WEEKDAYS 9 AM TO 3 PM

-  **Clothing**
-  **Shoes**
-  **Handbags & Accessories**

**Do you know
someone in need?**

Tell them to visit us!



Salvation Army of Saratoga Springs
27 Woodlawn Ave
Saratoga Springs, NY 12866



Senior Picnic 2026

The Department of Aging and Youth Services
Annual Senior Picnic will be held at the

Saratoga County Fairgrounds

162 Prospect Street Ballston Spa,

Thursday, September 10, 2026

from 11am - 3pm



Please join us rain or shine for an afternoon
of food, fun, music, and dancing!

\$5.00 Voluntary Suggested Contribution

Tickets are available at the
Department of Aging and Youth Services

For more information

518-884-4100

****New this year:**

We will be having a contest

“Wear your American Spirit”

A prize will be given to the

person who looks the most patriotic!



****No Take Outs or Animals will be permitted**

Need Food Assistance?

Call the Food Pantries for the Capital District Referral Line:

518-458-1167 ext. 1

- Receive **FREE** assistance
- Calls are 100% confidential
- Our team can help you:
 - Find emergency food assistance
 - Find food pantries near you
 - Arrange for home delivery of food if you cannot go to the pantry & no one can go for you
 - Connect you with other support services
 - Llámanos si necesitan ayuda con comida



You can also visit our website: <https://thefoodpantries.org/>

- View & print our Basic Resources Guide
- Use our Food Connect Map to find pantries near you, as well as other resources such as:
 - Free Food Fridges
 - Community Meals
 - Soup Kitchens
 - Mobile Pantries

Follow the link or QR code and simply put in your address. The map will show you red pins where food pantries are located.



What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program. Your NOEP Coordinator can assist with evaluating your eligibility for SNAP, help you fill out your application, and will advocate for your right to benefits based on SNAP policy.

NOEP Saratoga County Coordinator:

Legal Aid Society of Northeastern NY

Ann Malak 518-689-6312 amalak@lasnny.org

40 New Street, Saratoga Springs, NY 12866