

The Food Pantries for the Capital District Basic Needs Resource Guide



Find Help Where You Need It:

Albany County
Rensselaer County
Saratoga County
Schenectady County

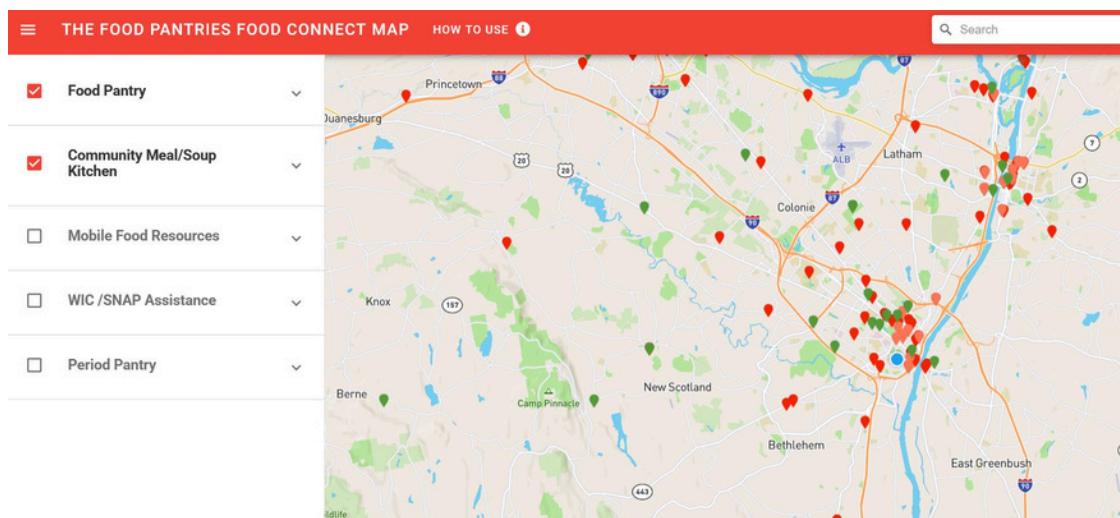
Thank you to our sponsor:



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Check out our Food Connect Map for more information on nearby food pantries, community meals/soup kitchens, period pantries, and more by scanning the QR code or visiting our website.



The Food Pantries for the Capital District

32 Essex Street, Albany, NY 12206

(518) 458-1167

pantries@thefoodpantries.org



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Hotline and Service Referral List

**24 hour hotlines and referrals*

<u>Hotline and Services List</u>	<u>Contact Information</u>
Adult Protective Services	(518) 447-7177 (Albany) (518) 266-7900 (Rensselaer) (518) 884-4159 (Saratoga) (518) 344-2830 (Schenectady)
NYS HIV Hotline—AIDS Counseling and Testing	(800) 541-2437 (800) 233-7432
Al-Anon For Family and Friends of Alcoholics	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
NYS Office of Addiction Services and Supports	1(877)- 846-7369 or Text 467 369
Cancer Services (NYS)	(866) 442-2262
Child Abuse Hotline (National)*	Call or Text (800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
NYS Office of Children and Family Services	(800) 345-5437
NYS Office of Victim Services	(800)-247-8035
Domestic Violence Assistance (Unity House) Online Chat Available: unityhouseny.org	(518) 272-2370 Text: (518) 720-6161
Domestic Violence Hotline (Equinox)* Online Chat Available: equinoxinc.org	(518) 432-7865

Hotline and Service Referral List

**24 hour hotlines and referrals*

<u>Hotline and Services List</u>	<u>Contact Information</u>
Domestic Violence Hotline (Wellspring)* Online Chat Available: wellspringcares.org	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District Referral Line	(518) 458-1167 extension 1
Human Trafficking Hotline (National)*	(888)373-7888 Text: 233733
Hunger Hotline (USDA National) Linea Directa del Hambre (USDA Nacional Espanol)	(866) 348-6479 (English) (877) 842-6273 (Espanol)
Meals on Wheels Home Delivered Meals for Seniors	(518) 465) 6465 (Albany) (518) 270-2730 (Rensselaer) (518) 372-5667 (Schenectady) (518) 884-4100 (Saratoga)
Medicaid Helpline	(800) 541-2831
Narcotics Anonymous	(888) 399-5519
Poison Control*	(800) 222-1222
Capital District Psychiatric Center	(518) 549-6000
Northern Rivers Mobile Crisis Services	(518) 292-5499

Hotline and Service Referral List

**24 hour hotlines and referrals*

<u>Hotline and Services List</u>	<u>Contact Information</u>
NYS Office for the Prevention of Domestic Violence	(800) 942-6906 (Call) 844-997-2121 (text)
Social Security Administration	(800) 772-1213
Summer Food Program (USDA)	(833) 452-0096
Suicide Prevention Hotline (National)*	988 For TTY: Dial 711 then 988
Mortgage Help (Homeowner's Hope Hotline)	(888) 995-4673

ALBANY COUNTY

Albany Food Assistance

To find a food pantry that serves your neighborhood call
The Food Pantries for the Capital District - (518) 458-1167
ext. 1

SNAP (Food Stamps) eligibility, prescreening, and application information:
NOEP Albany (Nutrition Outreach and Education Program) - (518) 462-6765 ext. 327
SNAP Albany (Supplemental Nutrition Assistance Program) - (518) 447-2551

Information about WIC (Women, Infants, and Children) Program:
Albany Women's Health Center of Albany Medical College - (518) 432-4033, 220
Green Street, Albany
Cohoes Family Care Mom's Program (518) 235-7282, 55 Mohawk Street, Cohoes

Albany Community Meals

 = BREAKFAST  = LUNCH  = DINNER

<u>Time</u>	<u>Program Name</u>	<u>Program Details</u>
Daily 6:30 AM	Capital City Rescue Mission	259 S. Pearl Street, Albany (518) 462-0459
Tues, Wed, Thurs 7:30am-8:30am	Westminster Presbyterian Church	85 Chestnut Street, Albany (518) 443-0460

<u>Time</u>	<u>Program Name</u>	<u>Program Details</u>
Tues, Sat 11:30am-1pm	St. John's/St. Ann's	88 4th Avenue (518) 472-9091
Wed 11:30am-12:30pm	Sacred Heart Church	33 Walter Street, Albany (518) 434-0680
Mon-Sat Sunday is bagged lunch 11:30am	Capital City Rescue Mission	259 S. Pearl Street, Albany (518) 462-0459
Mon, Thurs 11:45am-1pm	Sister Maureen Joyce Center	369 Livingston Avenue, Albany (518) 462-9885
Wed 12pm-1pm	Israel AME Church	381 Hamilton Street, Albany (518) 463-8779
Sat 11:30am-1pm	Loves and Fishes Soup Kitchen	518-870-9010
Daily 1pm-3pm	Sheridan Hollow Drop-In Center	176 Sheridan Avenue, Albany (518) 694-8899
Sat 4:30pm-5:30pm	United Church of Cohoes	123 Mohawk Street, Cohoes (518) 237-0278
Mon-Sat 6pm Sat 4pm	Capital City Rescue Mission	259 S. Pearl Street, Albany (518) 462-0459
Mon 5pm-7pm	Food Not Bombs	Social Justice Center 33 Central Avenue, Albany (518) 237-0278

Albany Medical Assistance

<u>Program</u>	<u>Contact Info</u>	<u>Program Details</u>
Albany County Health Department	(518) 477-4580	M-F 8:30am-4:30pm 175 Green Street, Albany
Albany County Cancer Services Program	(518) 525-8680	Free Cancer Screening Call for locations
Capital City Rescue Mission	(518) 462-0459 ext. 233	Free Medical Clinic Tues and Fri 8:45am-3pm 88 Trinity Place Albany
Capital District Psychiatric Center	(518) 549-6000	24 hour assistance 75 New Scotland Avenue, Albany
Hope House Inc.	(518) 486-8973	Treatment for substance abuse disorders
Medicaid/Medicare	(518) 447-7300	
Planned Parenthood Albany	(518) 434-5678	855 Central Avenue, Albany
Whitney Young Jr. Health Services	(518) 465-4771	920 Lark Drive, Albany



Albany Community Resources

<u>Program</u>	<u>Contact Info</u>	<u>Program Location</u>
Albany Community Action Partnership (ACAP)	(518) 463-3175	333 Sheridan Avenue, Albany
Catholic Charities of the Diocese of Albany	(518) 453-6650	40 North Main Avenue, Albany
Equinox Chemical Dependency, Domestic Violence, and Mental Health Services	(518) 435-9931	500 Central Avenue, Albany
Legal Aid Society	Call Legal Line for Intake (Monday-Friday 9am-5pm 833-628-0087	95 Central Avenue, Albany
Trinity Alliance of the Capital Region	(518) 449-1511	15 Trinity Place, Albany

Albany County Social Services

Albany County Department of Social Services -

162 Washington Avenue, Albany
(518) 447-7300

Albany County Department of Aging -

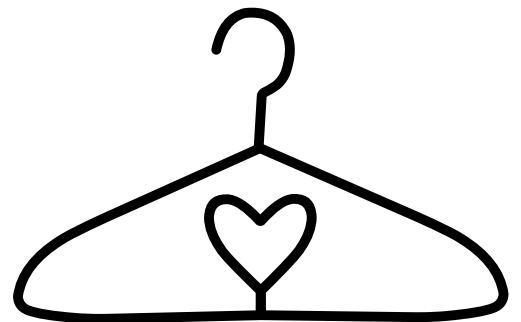
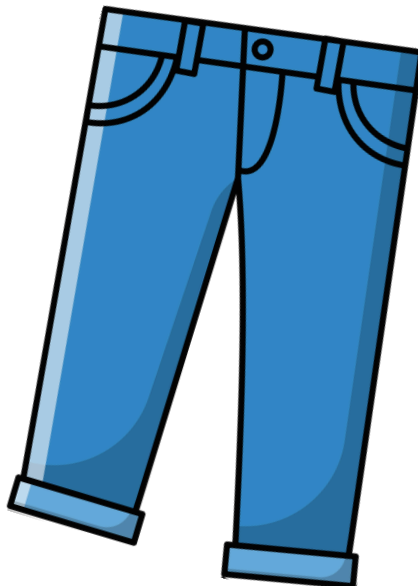
162 Washington Avenue, Albany
(518) 447-7198

Albany Housing and Shelter Assistance

<u>Program</u>	<u>Contact Info</u>	<u>Program Details</u>
Albany Housing Authority, Resource Center	(518) 380-5600 ResourceCenter@albanyhousing.org	200 Green Street, Albany
Cornell Cooperative Extension Housing and Energy Assistance Program (HEAP)	(518) 765-3500 energy@albanycountyny.gov	230 Green Street, Albany, 3rd Floor
NY Connects	(518) 447-7177	Homebound older residents in need of day-to-day assistance, including meals
Community Connections Interfaith Partnership for the Homeless	(518) 694-8899	315 Sheridan Avenue, Albany M-F 8:30am-3pm Open to anyone in need- no appointment needed. Showers, laundry, mailboxes, case management, and benefits assistance, connections to health care and mental health services, and phone/computer access
United Tenants of Albany	(518) 436-8997	255 Orange Street, Albany M-Th 10am-3:30pm, Closed 12pm-1pm for lunch
Equinox-Youth Supportive Services	(518) 462-5528 Ask for Anthony Jackson	The Boys & Girls Club 21 Delaware Avenue Albany Monday-Friday 12pm-8pm

Albany Clothing and Furniture Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Capital City Rescue Mission	(518) 462-0459 ext. 294	Clothing: <u>Women & Child-</u> Wed, Friday 9:30am-11:30am, 1:30pm-3pm <u>Men-</u> Tues, Thurs 9:30am- 11:30am, 1:30pm-3pm 95 Trinity Place, Albany Furniture is available by appointment only: Thursday & Friday 10:30am-12:30pm
St. Mary's Outreach	(518) 462-4357	Tues and Friday 9am-11:30am 10 Lodge Street, enter from Steuben Street
Sheridan Hollow Drop-In Center (Please call ahead)	(518) 694-8899	Mon-Fri 9:30am-2pm 26 S. Swan Street, Albany



RENSSELAER COUNTY

Rensselaer Food Assistance

To find a food pantry that serves your neighborhood call
The Food Pantries for the Capital District - (518) 458-1167
ext. 1

SNAP (Food Stamps) eligibility, prescreening, and application information:
NOEP Rensselaer (Nutrition Outreach and Education Program) - (518)274-2607
SNAP Rensselaer (Supplemental Nutrition Assistance Program) - (518) 266-7800

Information about WIC (Women, Infants, and Children) Program:
Commission on Economic Opportunity (CEO) - (518) 272-6159, 2331 Fifth Avenue, 2nd
Floor Troy

Rensselaer Community Meals

<u>Time</u>	<u>Program Name</u>	<u>Program Details</u>
Mon-Friday, 11:30am-1pm	Unity House of Troy	2431 6th Avenue, Troy (518) 274-2607
Mon and Fri 4pm-5:30pm	Salvation Army Troy	410 River Street, Troy (518) 272-4901
Thurs, Fri 6pm-7pm	Damien Center of Troy	392 2nd Street, Troy (518) 272-7100
1st Fri of every month 2pm-4pm	Blooming Grove Reformed Church	706 Bloomingrove Drive, Rensselaer (518) 286-2910

 = BREAKFAST

 = LUNCH

Rensselaer Medical Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
The Community Hospice	(518) 285-8100	295 Valley View Boulevard, Rensselaer
Healthy Families Rensselaer County	(518) 274-1279	1300 Massachusetts Avenue, Troy
Hope House Inc.	(518) 486-8973	Treatment for substance abuse disorders
Planned Parenthood of Troy	(518) 434-5678	120 Hoosick Street, Troy
Rensselaer County Health Dept.	(518) 270-2655	1600 7th Avenue, Troy
Troy Damien Center (For HIV/AIDS Patients Only)	(518) 274-5920 ext. 206	392 2nd Street, Troy
Troy Health Center	(518) 833-6900	849 2nd Avenue, Lansingburgh, 12182 Medical Hours: M-F 8am-5pm Dental Hours: M and W 8am-5pm

Rensselaer Community Resources

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Commission on Economic Opportunity (CEO)	(518) 272-6012	2328 5th Avenue, Troy
Circle of Mercy	(518) 462-0899	11 Washington Street, Rensselaer 10am-2pm M-F, Tues only 10am-3pm (other times available by appointment only)
Legal Aid Society	(518) 462-6765	95 Central Avenue, Albany
Nassau Resource Center	(518) 766-9014	15 Church Street, Nassau
START Children's Center	(518) 271-6001	127 Bloomingrove Drive, Troy M-F 9am-5pm
TRIP (Troy Rehabilitation and Improvement Program), Inc. and RCHR (Rensselaer County Housing Resources), Inc	(518) 272-8289 (518) 272-1950 info@triponline.org	409 River Street, 1st Fl, Troy
Unity House of Troy	(518) 274-2607	2431 Sixth Avenue, Troy

Rensselaer County Social Services

Rensselaer County Department of Social Services -
127 Bloomingrove Drive, Troy
(518) 833-6000

Rensselaer County Adult Protective Services -
1600 7th Avenue, Troy
(518) 266-7900

Rensselaer Housing and Shelter Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Home Energy Assistance Program (HEAP)	(518) 266-7960	odta.ny.gov/program/heap/
Joseph's House & Shelter	(518) 272-2544	74 Ferry Street, Troy
St. Paul's Center	(518) 434-2910	(Families only)
Troy Housing Authority	(518) 273-3600	1 Eddy's Lane, Troy

Rensselaer Clothing and Furniture Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Circles of Mercy-Catherine's Closet	(518) 462-0899	11 Washington Street, Rensselaer 10am-2pm M-F, Tues only 10am-3pm (other times available by appointment only)
Faith and Love Thrift Store	(518) 463-0114	85 Washington Avenue, Rensselaer Tues-Fri 11am-4pm
Oakwood Free Store	(518) 272-2434 info@oakwoodcommunitycenter.org	313 Tenth Street, Troy Second Saturday of each month 9am-11am
ReStyle (Unity House)*	(518) 274-2607	547 River Street, Troy M & F 9am-2pm T,W,Th 9am-6pm
T.A.U.M. (Troy Area United Ministries)	(518) 274-5920 ext. 204	392 2nd Street, Troy Mon-Fri 10am-2pm Furniture program

**Price points may vary - call ahead for availability and pricing*

SARATOGA COUNTY

Saratoga Food Assistance

To find a food pantry that serves your neighborhood call
The Food Pantries for the Capital District - (518) 458-1167
ext. 1

SNAP (Food Stamps) eligibility, prescreening, and application information:

NOEP Saratoga (Nutrition Outreach and Education Program) - (518) 587-5188 ext. 412

SNAP Saratoga (Supplemental Nutrition Assistance Program) - (518) 884-4155

Information about WIC (Women, Infants, and Children) Program:

Lifeworks- (518) 288-3232

Saratoga Community Meals

<u>Program Name</u>	<u>Phone</u>	<u>Program Details</u>
LifeWorks Community Action	(518)581-8233	Presbyterian New England Congregational Church 24 Circular Street, Saratoga Springs Mon-Sat 11:45am-1pm Sun 3pm-4pm

 = BREAKFAST



Help Starts Here.

Saratoga Medical Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Saratoga Mental Health Clinic	(518) 584-9030	133 South Broadway, Saratoga Springs M-F 8:30am-5pm
Planned Parenthood of Saratoga Springs	(518) 584-0041	236 Washington Street, Saratoga Springs Wednesdays 9am-4:30pm
Saratoga County Health Department	(518) 584-7460	6012 County Farm Road, Ballston Spa
Saratoga Community Health Center	(518) 886-5600	24 Hamilton Street, Saratoga Springs M-F 8am-4:30pm
Saratoga Hospital	(518) 587-3222	211 Church Street, Saratoga Springs Open 24 hours

Saratoga Community Resources

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
CAPTAIN Community Human Services	(518) 371-1185	5 Municipal Plaza Suite 3, Clifton Park
LifeWorks Community Action	(518) 288-3206	39 Bath Street, Ballston Spa M-F 8am-4pm
Franklin Community Center	(518) 587-9826	95 Washington Street, Saratoga Springs M-F 8am-4pm
Legal Aid Society	(518) 587-5188 (833) 628-0087 for intake	40 New Street, Saratoga Springs
Mechanicville Area Community Services Center	(518) 664-8322	6 South Main Street, Mechanicville

Saratoga County Social Services

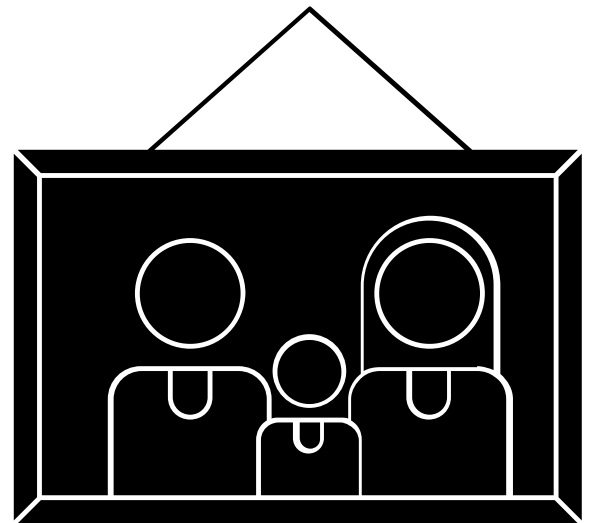
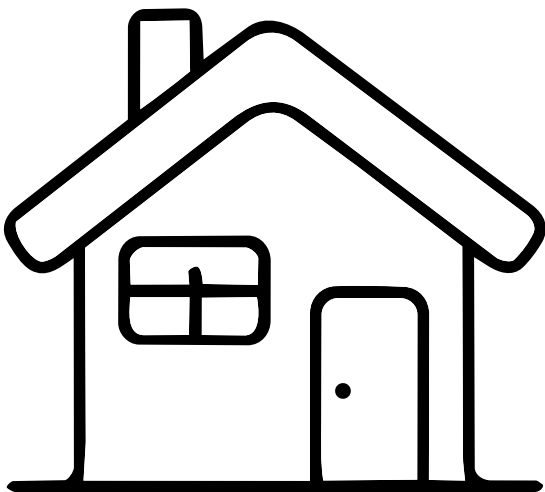
Saratoga County Department of Social Services -

152 West High Street, Ballston Spa

(518) 884-4140

Saratoga Housing and Shelter Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
CAPTAIN Youth and Family Services	(518) 371-1185 (STEHP) (518) 729-6524 (Supportive Housing Program) (518) 584-6042 (24 Hr Youth Shelter)	STEHP (Solutions to End Homelessness Program)
Home Energy Assistance Program (HEAP)	(518) 884-4146	odta.ny.gov/program/heap/
Mother Susan Anderson Emergency Shelter	(518) 584-3122	60 Caroline Street, Saratoga Springs Women and children
Shelters of Saratoga	(518) 581-1097 ext. 0 for bed availability and a pre-screening	14 and 20 Walworth Street, Saratoga Springs
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect Street, Building 2, Suite 313, Ballston Spa



Saratoga Clothing and Furniture Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
CAPTAIN's Treasures	(518) 371-1185	1705 Route 9, Clifton Park Clothing and household goods at no cost to individuals or families suffering significant hardships, such as victims of domestic violence or theft, or who have lost their home due to fire or other disaster. If you're in need, please call 518-371-1185 for additional information on the Voucher Program
Franklin Community Center	(518) 587-9826	101 Washington Street, Saratoga Springs M-F 9am-12pm no appointment necessary Please bring reusable bag.
The Boutique at Moreau Community Center*	(518) 792-6007	144 Main Street, South Glens Falls M-F 8:30am-3:30pm
Noah's Attic Thrift Shop*	(518) 885-9455	15 West High Street, Ballston Spa T and F 9:30am-3pm W and Th 9:30am-4pm Sat 9:30am-2:30pm
Second Hand Rose*	(518) 695-4640 infosecondhandrose thriftshop@gmail.co	116 Broad Street, Schuylerville
Upper Room Thrift Shop*	(518) 885-6886	101 Milton Avenue, Ballston Spa T 9:30am-12pm, call church office to arrange a time to visit if outside of regular hours Clothing is offered for a minimal cost and sold per filled bag

**Price points may vary - call ahead for availability and pricing*

SCHENECTADY COUNTY

Schenectady Food Assistance

Food Assistance

To find a food pantry that serves your neighborhood call
The Food Pantries for the Capital District - (518) 458-1167

SNAP (Food Stamps) eligibility, ^{ext. 1}prescreening, and application information:
NOEP Schenectady (Nutrition Outreach and Education Program) - (518) 374-2427 ext.
210

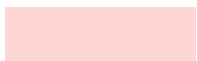
SNAP Schenectady (Supplemental Nutrition Assistance Program)/ Department of
Social Services - (518) 388-4470

Information about WIC (Women, Infants, and Children) Program:
Schenectady Public Health (518) 386-2824, 107 Nott Terrace, Schenectady



Schenectady Community Meals

<u>Time</u>	<u>Program Name</u>	<u>Program Details</u>
Mon-Friday, 7:30am-8:30am	Salvation Army Schenectady	222 Lafayette Street, Schenectady (518) 346-0222
Sun (except the 1st Sun of the month) 8:30am-9:30am	First United Methodist Church	603 State Street, Schenectady (518) 374-4403
Last Sat of the month 10am-11am	Emmanuel Friedens Church	218 Nott Terrace, Schenectady (518) 374-4114
Mon-Fri 12pm-1pm	Salvation Army Schenectady	222 Lafayette Street, Schenectady (518) 346-022
Mon-Fri 1:30pm-3:30pm	Bethesda House	834-836 State Street, Schenectady (518) 374-7873
Last Sunday of the Month 1:30pm-2:30pm	Christ Church Episcopal	970 State Street, Schenectady (518) 374-3064
3rd Sunday of the Month 12pm-1pm	Holy Name of Jesus	1040 Pearl Street, Schenectady (518) 372-1992
3rd and 4th Saturday of the Month 12:30pm-3pm	Gathered Remnant Ministry	1374 10th Avenue, Schenectady (518) 374-3487
Fridays 11:30am-12:30pm 3rd Sunday of the month 12pm-1pm	Our Redeemer Lutheran Church	106 South Reynolds Street (right behind Gabriel's Grocery) (518) 346-8081
Mon-Sat 4:30pm-5:30pm	City Mission	512 Smith Street, Schenectady (518) 246-2275 ext. 0 Sandwiches available all day



= BREAKFAST



= LUNCH



= DINNER

Schenectady Medical Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Ellis Family Health Center	(518) 382-2000	624 McClellan Street, Schenectady
Planned Parenthood of Schenectady	(518) 374-5353	1040 State Street, Schenectady M and W 8am-6pm T and Th 8am-5pm F 8am-4pm
Schenectady County Public Health Services	(518) 386-2815	107 Nott Terrace, Suite 306 Schenectady

Schenectady Community Resources

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Legal Aid Society Albany Office Amsterdam Office	(833) 628-0087 (518) 462-6755 (518) 842-9466	Help Line 95 Central Avenue, Albany 6 Market Street, Amsterdam
Healthy Schenectady Families	(518) 386-2824 ext. 3	Family support specialists can: • Answer questions about pregnancy, birth, and parenting • Help plan for the future • Support you with handling the stresses of parenting • Help you access community resources
Schenectady Community Action Program (SCAP) Resource Center	(518) 374-9181	913 Albany Street, Schenectady
Sycamore Collaborative	(518) 374-2683	837 Albany Street, Schenectady

Schenectady County Social Services

Schenectady County Department of Social Services -
797 Broadway, Schenectady
(518) 388-4470

Schenectady County Adult Protective Services -
797 Broadway, Schenectady
(518) 344-2830

Schenectady Housing and Shelter Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Schenectady Community Action Program, Inc. (SCAP)	(518) 374-9181	913 Albany Street, Schenectady
Bethesda House of Schenectady	(518) 374-7873	834 State Street, Schenectady
City Mission of Schenectady	(518) 346-2275	425 Hamilton Street, Schenectady
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect Street, Building 2, Suite 313, Ballston Spa

Schenectady Clothing and Furniture Assistance

<u>Program</u>	<u>Phone Number</u>	<u>Program Details</u>
Salvation Army Schenectady Corps Community Center	(518) 346-0222	222 Lafayette Street, Schenectady
Schenectady Community Action Program (SCAP)	(518) 374-9181	913 Albany Street, Schenectady

THE FOOD PANTRIES FOR THE CAPITAL DISTRICT

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting, and delivering food. We provide a forum for networking, coordination of services, education and training

Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

ABOUT THE FOOD PANTRIES:



We are a coalition of more than 70 food pantries



Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties



We collect food from food drives for free distribution to our member pantries- The community can help by hosting Food and Fund Drives



\$1 can help provide 6.25 pounds of food to the hungry



All the services we provide to our members are free for them to utilize

HOW WE FEED THE HUNGRY:

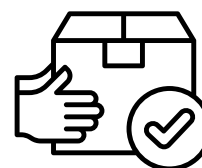
In 2025 we helped fund, collect, and deliver enough food for 5.4 million meals and our pantries served more than 114K community members



3.8 million pounds of food delivered to our member pantries



181,143 pounds of food collected



411,467 pounds of donations distributed

2025

Who We Serve

through our member pantries



114,982 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

138,573 pantry visits by infants & children (ages 0-17)

265,433 pantry visits by adults (ages 18-64)

57,090 pantry visits by older adults (ages 65+)

Hunger in the Capital District

According to Feeding America 2023 data, more than 2 million children and adults in New York are food insecure. Essentially more than 14% of the population of NY do not have enough food to meet basic nutritional needs. we know those numbers have increased dramatically since 2023.

Albany County

12.9% of total population = 40,690 people are food insecure

17% .4% of children = 9,780 infants and children are food insecure

Rensselaer County

12.6% of total population = 20,280 people are food insecure

17.4% of children = 5,380 infants and children are food in

Saratoga County

10% of total population = 23,820 people are food insecure

10% of children = 4,580 infants and children are food insecure

Schenectady County

12.6% of total population = 20,120 people are food insecure

17.3% of children = 5,970 infants and children are food insecure



New York State

14.5% of total population = 2,831,080 people are food insecure

19% of children = 750,180 infants and children are food insecure



The Effects of Hunger on Your Neighbors and the Community



Prolonged food insecurity
Hungry children do not perform well in school
Hungry adults do not perform well in the workplace
Hungry older adults are forced to choose between medication and basic utilities and food
Hungry veterans choose between food and shelter

Truth and Myth of the SNAP Program

Formerly called Food Stamps

TRUTH

At least 42% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America
SNAP benefits typically supply enough food for only 3 weeks of the month
SNAP only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities
Some people who are food insecure do not want to apply for SNAP- they just need short-term assistance or only visit a pantry to fill a gap in income



MYTH

SNAP provides enough food to feed the hungry
People on SNAP don't work
Food pantries, churches, and charities could fill the need if SNAP ended



Who are “The Hungry” in Our Communities?



Single parents
Veterans
Unemployed individuals

Older adults
College students
Babies and children of struggling families