

The Food Pantries for the Capital District Food Resources Flyer



Regional Food Bank Thanksgiving Mass Food Distributions

All sites are Saturday, November 22nd at 10am. For more information see <https://regionalfoodbank.net/2025-thanksgiving-food-distribution-live/>

Below are the Distribution Sites for Albany County:

Regional Food Bank

965 Albany Shaker Road Albany
12210

Albany County Board of Elections Parking Lot

260 South Pearl Street Albany 12202

Crossgates Mall

1 Crossgates Mall Road, Albany
12203

Metropolitan Baptist Church

105 2nd Street, Albany 12210

Fuze Box

12 Central Avenue, Albany 12210
only prepared meals

Connect Center

49 Johnston Avenue, Cohoes
12047



What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program. Your NOEP Coordinator can assist with evaluating your eligibility for SNAP, help you fill out your application, and will advocate for your right to benefits based on SNAP policy.

NOEP Albany County Coordinator: Cherise Bollers

833-628-0087

95 Central Avenue Albany, New York 12206



Need Food Assistance?

Call the Food Pantries for the Capital District Referral Line:

518-458-1167 ext. 1

- Receive **FREE** assistance
- Calls are 100% confidential
- Our team can help you:
 - **Find emergency food assistance**
 - **Find food pantries near you**
 - **Arrange for home delivery of food if you cannot go to the pantry and there is no one to go for you**
 - **Connect you with other support services**

You can also visit our website: <https://thefoodpantries.org/>

- View & print our Basic Resources Guide
- Use our Food Connect Map to find pantries near you, as well as other resources such as:
 - **Free Food Fridges**
 - **Community Meals**
 - **Soup Kitchens**
 - **Mobile Pantries**



Follow the link or QR code below and simply put in your address. The map will show you red pins where food pantries are located.

NOVEMBER

This Week: November 16th-22nd

Connect Center for Youth

49 Johnston Ave, Cohoes, NY

November 23rd, 25th, 26th, 27th

Tuesday 10am-2pm, Wednesdays 5:30pm-7:30pm, Thursday 10am-2pm, Sunday 9am-12pm

Walk-ins okay, can visit 2x a month Closed first Sunday of the month

Capital District LATINOS

160 Central Avenue Albany, NY 12206

November 17th and 19th

Wednesdays 4pm - 5:30pm

Fridays 2pm - 3:30pm

They serve a maximum of 75 families per day. No appointment necessary. Every family is served once a month. Call pantry to verify the weeks they are open

Next Week: November 23rd-29th

Free Thanksgiving To Go Meal

Out of Town Bistro

258 Lark Street, Albany

November 27th, 2025, 11am-4pm (or while supplies last)

Pick up starts at 10:30am- limited number of thawed turkeys

Free Thanksgiving Meal

Capital City Rescue Mission

259 South Pearl Street, Albany

November 27th, 2025 11am-4pm (or while supplies last)

If you know of a community resource that is not on this flyer, please email the Referral Team at resourcenavigator@thefoodpantries.org