

December Edition:
Schenectady
County



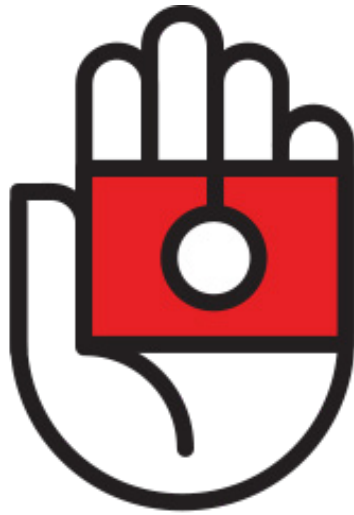
The Food Pantries for the Capital District Resource Flyer

THIS HOLIDAY SEASON
WE DON'T WANT TO TAKE YOUR PICTURE.
WE WANT TO GIVE IT TO YOU. **FREE.**

FREE PROFESSIONAL
QUALITY PORTRAITS!

FREE GIFTS FOR KIDS
AND FAMILY ALIKE!

FREE HOT LUNCH!



FREE COOKIE DECORATING
AND CRAFTS!

HELP-PORTRAIT™

HELP-PORTRAIT SCHENECTADY

SATURDAY, DECEMBER 6TH FROM 10:00AM - 1:00PM

ROTTERDAM COMMUNITY CENTER

705 CURRY ROAD IN ROTTERDAM, NY



ROTTERDAM
COMMUNITY CENTER



MESSIAH
LUTHERAN CHURCH

The Food Pantries for the Capital District Food Resources Flyer



What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program. Your NOEP Coordinator can assist with evaluating your eligibility for SNAP, help you fill out your application, and will advocate for your right to benefits based on SNAP policy.

NOEP Schenectady County Coordinator:

Louise Novak (518) 374-2427 lnovak@cathcharschdy.org

Catholic Charities Tri-County Services

1462 Erie Boulevard, 2nd Floor, Schenectady, NY 12305



Need Food Assistance?

Call the Food Pantries for the Capital District Referral Line:

518-458-1167 ext. 1

- Receive **FREE** assistance
- Calls are 100% confidential
- Our team can help you:
 - **Find emergency food assistance**
 - **Find food pantries near you**
 - **Arrange for home delivery of food if you cannot go to the pantry and there is no one to go for you**
 - **Connect you with other support services**

You can also visit our website: <https://thefoodpantries.org/>

- View & print our Basic Resources Guide
- Use our Food Connect Map to find pantries near you, as well as other resources such as:
 - **Free Food Fridges**
 - **Community Meals**
 - **Soup Kitchens**
 - **Mobile Pantries**



Follow the link or QR code and simply put in your address. The map will show you red pins where food pantries are located.

December

Bethel Northside Pantry

1840 Van Vranken Avenue, Schenectady 12308
December 18th
3rd Thursday of each month 4pm-6pm

Bethesda House Food Pantry

834 State Street, Schenectady 12307
December 9th and 16th 9am-11am
2nd and 3rd Tuesday of the month

The Bridge Food Pantry

735 Crane Street, Schenectady 12303
December 16th and 20th
3rd Tuesdays 3:30pm-5:30pm, 3rd Saturdays
12pm-2pm

Grace and Mercy Food Pantry

1401 Robinson Street, Schenectady 12304
December 6th and 20th 11am-2pm
1st and 3rd Saturday of each month

If you know of a community resource that is not on this flyer, please email the Referral Team at resourcenavigator@thefoodpantries.org

Infant Needs

You may qualify for WIC if you:

- Live in New York
- Are pregnant or have a child under 5 years old
- Meet income guidelines

Who Can Apply?

- Moms, dads, grandparents, and primary caregivers of children under 5.
- Working families and non-U.S. citizens may also qualify.

To Learn More Visit: hungersolutionsny.org/wic for more information.



Immigrant & Refugee Support

- Albany Community Action Partnership (ACAP): Call (518) 463-3175 or visit www.albanycap.org
- Refugee & Immigrant Support Services of Emmaus (RISSE): Call (518) 621-1041 or visit www.risse-albany.org

Legal Aid Society

Free civil legal services for low-income people. For more information visit <https://www.lasnny.org/>



Home Delivered Meals for Seniors

Serving meals to home-bound Schenectady County seniors 60 years or older

Please call Schenectady County NY Connects at (518) 382-8481 for an intake

To be eligible an individual must meet all three of the following criteria:

Participants must be age 60 or older and have difficulty preparing their own meals.



Code Blue



Code Blue protocols are active whenever the temperature is 32 degrees or less, including wind chill. Code Blue provides safe cold-weather shelter and support for people experiencing homelessness.

State Street Presbyterian Church
5 Catherine St, Schenectady, NY
518-496-3499

**The Salvation Army's Evangeline Booth
Miracle Home**
168 Lafayette St, Schenectady, NY
518-370-0276
*Women Only

City Mission of Schenectady
425 Hamilton St, Schenectady, NY
518-579-9339

Did you know that The Homeless and Travelers Aide Society (HATAS) and The Capital District Transportation Authority (CDTA) partnered to ensure that those needing a free ride to a shelter during code blue can get one? Just let the bus driver know you need ride to a shelter!



Toys for Tots

Contact the charity below that is closest to you to request toys. For the full list visit:
<https://albany-ny.toysfortots.org/local-coordinator-sites/lco-sites/request-toys.aspx>

Strong Owls Inc
Angela Williams
(518) 495-6412
strongowlsinc@gmail.com

Bethel Full Gospel Assembly of God
Tasha Hudson
(518) 901-0040
bethelnorthside@gmail.com

State Street Presbyterian Church
Rosa Roman Rodriguez
(201) 954-2508
discipleship1230@gmail.com

Capital District YMCA Schenectady
Jessey Adkins
(518) 881-0117
jadkins@cdymca.org

Center for Community Justice
Rhonda Vaughn
(518) 709-6288
rvaughn@theccj.org

New Choices Recovery Center
Teasha Asheber
(518) 709-1187
tasheber@newchoicesrecovery.org

Infant Needs

Food pantries can occasionally stock diapers and formula.
You can reach out to your local pantry to ask if they have the
sizes and formula you need!

Here are some additional resources for infant needs:

[Mom Starts Here](#)



Need Assistance? Healthy Alliance Can Help!



How to Connect:

Online: Visit healthyalliance.org/help and fill out the assistance form.

Phone: Call 518-520-3211

Healthy Alliance connects you to local resources at no cost.

Services Offered:

Physical Health, Food Assistance, Housing and Shelter, Mental Health, Substance Abuse Support, Employment Services, and more

Free Period Pantries

For more info and listing of all locations, please visit <https://capitalregionmh.com/> and <https://www.mooncatcher.org/period-pantries>



**Schenectady Community
Action Program**
Creating Opportunity in Partnership

913 Albany Street Schenectady, NY 12307
518-374-9181

Open Mon - Fri: 8:30am - 4:30pm
3rd Wednesday of the month: 8:30am - 6:30pm

Schenectady Community Action Program is able to assist with housing resources, behavioral health services, early childhood education programs, and employment assistance.

Free Nutrition Education and Advice from a Dietician



Hannaford
262 Saratoga Road, Glenville, 12302
518-384-0156
Kathleen Miller, MS, RDN, CDN
kathleen.miller@hannaford.com

Hannaford
3333 Consaul Road, Niskayuna, 12309
Jean Bottillo-Faulisi, MS, RD
518-395-9497
jbottillo-faulisi@hannaford.com

In-store healthy demos- stop by the table for nutritious recipe ideas, coupons, and nutrition tips. Ask about scheduling an interactive virtual class or personalized store tour. Please email or call the store for more information.