



## The Food Pantries Newsletter - Fall 2024



Welcome to the 5th edition of our monthly email newsletter. It's all about fun this month! Are you ready for Halloween? We are!

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Photo - Images from our 13th Harvest Evening Celebration on October 24 at Franklin Plaza in Troy



**Event Recap - 13th Annual Harvest Evening Celebration presented by Fenimore Asset**

## Management

Members of the Food Pantries, supporters, sponsors, staff, volunteers, guest chefs and many others came together on Thursday, October 24 at Franklin Plaza in Troy to raise money and to celebrate the work that our coalition does everyday to fight food insecurity in the Capital District. We had a great time and raised over \$100,000!!! Thank you for your incredible support!

[Check to see if you were “seen” via the Times Union's Were You Seen section !](#)

Photos can also be found on our website: <https://thefoodpantries.org/13th-annual-harvest-evening-celebration/>

**A Harvest Message of Thanks from our Executive Director, Natasha Pernicka**

There are more than 68,000 reasons to thank you for your Harvest Evening Celebration support this year! On behalf of our 71 member food pantries and the approximately 68,000 people, 21,900 of whom are infants and children, who turn to food pantries for assistance – your support makes a local and immediate impact!

The money raised at Harvest Evening Celebration helps The Food Pantries:

- Move more than 4.1 million pounds of food to keep pantry shelves stocked with a variety of nutritious foods.
- Provide supplemental funding for pantries to pay for items at the food bank, grocery store gift cards, and egg and milk coupons.
- Connect more than 10,000 people with referrals to their neighborhood food pantries, home delivered groceries, and other needed food resources.
- And more!

With service levels continuing to increase at significant rates, 29% compared to last year at this point in time, we can only meet these needs with your support. Working together we can do more than any one of us alone - Thank YOU for the role you play in feeding the hungry!

Last Thursday was so meaningful and fun!

Yours in service,  
Natasha Pernicka



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## Upcoming Events! Save the Dates!

**Fill the Truck Fundraising Challenge  
Kickoff - November 3 at 9am on WTEN  
News10**

Make sure to tune in to WTEN News 10 on Sunday, November 3 at 9am to watch Giuliana Bruno help kickoff our 2nd annual Fill the Truck



**Looking for a way to give back this holiday season and beyond?**

WE TRIPLE DOG DARE YOU TO...

Let's come together to make a meaningful impact on the lives of those in need.

**WHY?**

1. Dollars go further because pantries purchase directly from wholesalers.
2. Pantries need extra food during the holidays, but shelves get depleted and the need is still there in January.
3. This challenge helps The Food Pantries deliver appropriate and much needed food into the new year to 70+ pantries.

**FILL THE TRUCK!**

\$1 = 6.25 lbs of food  
 \$16 = 100 lbs of food  
 \$160 = 1,000 lbs of food  
 \$1600 = 10,000 lbs of food or a FULL TRUCK!

Fundraiser Challenge on her morning show.

You'll find out which teams are competing and how you can contribute. Will anyone unseat last year's champions, Lamarche Safranko Law, who raised \$10,000 (6.25 trucks full of food)!?!

[More info on the Fill the Truck Fundraiser Challenge](#)

**R&B RUSTIC BARN PUB & Bob Gamache Present**

**Foodstock 12**  
*Music To Feed The Hungry*

2PM - 8PM  
 Sunday November 3, 2024

**\$20 SUGGESTED DONATION**  
 Unexpired & Non Perishable Food Only  
 Checks or Cash Preferred

All donations go to Food Pantries for the Capital District

**Music by**  
 Ginger Geezus  
 SOUL SKY  
 THE TYES  
 Psycho Mutton Chops

www.rusticbarnpub.com

**Come Hang out with us at Foodstock 12 - November 3 from 2-8pm at the Rustic Barn in Troy**  
 Join us for the 12th edition of this beloved fundraiser & food drive!  
 Check out some great local bands and support our work to end hunger in the Capital District. We'll see you there!

[Tickets and More info](#)

**NEW HIT MUSIC KISS102.3 ALBANY**

Contests & Promotions

**Serving the Deserving 2024**

0%

THIS POLL WILL BE AVAILABLE BEGINNING MONDAY, NOVEMBER 4 AT 12:00 AM EASTERN

audience

Full promotional terms and conditions provided by: KISS102.3 [Click Here](#)

**Vote for us for KISS102.3's Serving the Deserving program from November 4 - 17!**

Thanks so much to our friends at Broadview for nominating The Food Pantries for Serving the Deserving! Click the link below and vote for us between November 4 - 17 and we'll get a celebratory lunch from Bowled. But here's the fun part, if we win, we'll actually surprise one of our pantries by delivering the lunch to them! So vote for us so we can share a much-deserved healthy and delicious lunch with a local pantry that definitely deserves it!

[More info and link for voting](#)

Our friends at Capital Region CANstruction recently presented us with a check for \$45,000! This donation is a culmination of the hard work of the amazing teams, sponsors, volunteers and partners that participated in this year's Dream Steam competition. It also supplements the 58,000 cans of food that were donated by CANstruction in the spring. Thank you so much to the Capital Region CANstruction crew, especially Jill Shorter! We can't wait for next year's event!

[More info and photos from CANstruction 2024](#)



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## Mission Moments of the Month

"One of our guests told us that because she can come to the pantry, she is able to pay for her husband's prescriptions."

- Bread of Life Food Pantry (Rotterdam)

"A new client called to thank us after picking up her food pantry package. She said she appreciated us not making her feel like she was begging for food. That is the best compliment we could ever get."

- The Gathering Place Food Pantry (Nassau)

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Thanks so much for reading our Fall 2024 Newsletter! If you would like to get involved, please reach out to us by replying directly to this email or following the links to connect with a member of our team. We greatly appreciate your support and participation in our work to end hunger in the Capital District.

Together we can do more than any one of us alone!

[Donate](#)



The Food Pantries for the Capital District | 32 Essex Street | Albany, NY 12206 US

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