



The Food Pantries for the Capital District

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.

Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

www.TheFoodPantries.org

List of Schenectady Pantries. For more resources, visit our Food Connect Map at map.thefoodpantries.org or scan the QR code below or call our Food Access Referral Line at 518-458-1167 x1



SCHENECTADY COUNTY FOOD PANTRIES

Salvation Army Schenectady
222 Lafayette St, Schenectady 12305
Hours: Wed-Fri 9:30am-11:30am by appt
Soup Kitchen: M-F 10-12pm
Pantry: 518-346-0222 ext 110

Bread of Life
705 Curry Rd Schenectady 12306.
Hours: 3rd Mon 9-2pm, 4th Mon 3-8pm, 4th Sat 9-2pm
Pantry: 518-364-3205

Bethesda House
834 State St, Schenectady 12305
Hours: 2nd and 3rd Tuesday 9-11
Daily Meal: Mon-Fri 1:00-3:30pm
Pantry: 518-374-7873

PG Wright Food Pantry
2450 Van Vranken Ave building 11, Schenectady 12308
Thursdays 9-11am
518-374-7837

Schenectady Community Ministry SICM
839 Albany St, Schenectady 12304
518-346-4445
MWF 9:00-11:30am
Visit website for info on Mobile Pantry sites: <https://www.sicm.us/>

State Street Food Pantry
5 Catherine Street, Schenectady NY 12307
Hours: Mon-Wed 10:00-1:30pm, Thursdays calls for an appt
518-954-5968

The Food Pantries for the Capital District Basic Needs Resource Guide



**Find Help Where You Need It:
Schenectady County**

Thank you to our sponsor:



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The Food Pantries for the Capital District
d/b/a The Food Pantries
32 Essex Street
Albany, NY 12206
518-458-1167
pantries@thefoodpantries.org
www.TheFoodPantries.org



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ABOUT HUNGER IN THE CAPITAL DISTRICT

According to Feeding America, more than 2 million children and adults in New York are food insecure. Essentially, more than 10.7% of the population of NY do not have enough food to meet basic nutritional needs.

New York State and Capital District hunger statistics (2019)

New York State

10.7% of total population = 2,090,550 people are food insecure

15.6% of children = 626,450 infants and children are food insecure

Albany County

10.4% of total population = 31,850 people are food insecure

14.9% of children = 8,460 infants and children are food insecure

Rensselaer County

10.9% of total population = 17,300 people are food insecure

16.3% of children = 5,070 infants and children are food insecure

Saratoga County

8.1% of total population = 18,400 people are food insecure

10.4% of children = 4,840 infants and children are food insecure

Schenectady County

10.3% of total population = 16,020 people are food insecure

15.7% of children = 5,260 infants and children are food insecure

THE EFFECTS OF HUNGER ON YOUR NEIGHBORS AND THE COMMUNITY

Prolonged food insecurity can lead to a lifetime of poor health

Hungry children do not perform well in school

Hungry adults do not perform well in the workplace

Hungry senior citizens are forced to choose between medication and basic utilities and food

Hungry veterans choose between food and shelter

TRUTH AND MYTH OF THE SNAP (formerly called food stamps) PROGRAM

MYTH-SNAP provides enough food to feed the hungry

TRUTH-At least 42% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America

TRUTH-SNAP benefit typically supply enough food for only 3 weeks of the month

TRUTH-Snap only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities

TRUTH-Some people who are food insecure do not want to apply for SNAP—they just need short-term assistance or only visit a pantry to fill a gap in income

WHO ARE "THE HUNGRY" IN OUR COMMUNITIES?

Single Parents

Veterans

Underemployed individuals

Senior Citizens

College Students

Babies and children of struggling families



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ABOUT THE FOOD PANTRIES—QUICK FACTS

- The Food Pantries is a coalition of more than 68 food pantries
- Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties
- The Food Pantries was founded in 1979
- We collect food from food drives for free distribution to our member pantries
 - The community can help by hosting Food and Fund Drives
- \$1 can help provide 6.25 pounds of food to the hungry
- All of the services we provide to our members are completely free for them to utilize

HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 2022, we helped fund, collect and deliver enough food for more than 3.2 million meals and 282,033 pantry visits

Delivery Service—3,630,485 pounds of food delivered to our member pantries

Food Drives—141,969 pounds of food collected

Donated Products Delivered—206,363 pounds of donations distributed

Infant Needs— 64,230 diapers and 688 cans of formula distributed

Food Funding—Money is put on account at the food bank for our food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

Information and Referrals— 8,741 people were referred to pantry services and additional programs.

WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2021 Numbers and Statistics)

Approximately 65,709 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

86,286 pantry visits by infants and children (ages 0-17)

159,054 pantry visits by adults (ages 18-59)

36,693 pantry visits by senior citizens (ages 60+)

We are maintaining the highest service levels in our coalition’s history

Hotline and Service Referral List

Adult Protective Services	(518) 447-7177
NYS HIV Hotline—AIDS Counseling and Testing	(800) 541-2437
Línea directa de SIDA en Español	(800) 233-7432
Al-Anon <i>for Friends and Families of Alcoholics</i>	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (OAS)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse Hotline (National)* Call or Text	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 457-5727
Domestic Violence Assistance (Unity House)	(518) 272-2370
Online Chat Available: unityhousesny.org	Text: (518) 720-6161
Domestic Violence Hotline (Equinox)*	(518) 432-7865
Online Chat Available: equinoxinc.org	
Domestic Violence Hotline (Wellspring)*	(518) 584-8188
Live Chat Available: wellspringcares.org	
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167

Human Trafficking Hotline (National)*	(888) 373-7888 Text: 233733
Hunger Hotline (USDA National)	(866) 3-HUNGRY (866) 348-6479
Línea Directa del Hambre (USDA Nacional Español)	(877) 8-HAMBRE (877) 842-6273
Meals on Wheels <i>Home Delivered Meals for Seniors</i>	(518) 465-6465
Medicaid Helpline	(800) 541-2831
Narcotics Anonymous	(888) 399-5519
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 549-6000
Psychiatric CDPC Crisis Unit and Crisis Mobile Unit	(518) 549-6500
Sexual Assault Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 486-1086
Suicide Prevention Hotline (National) *	Dial 988
For TTY: Dial 711 then 988	
Mortgage Help (Homeowner's Hope Hotline)	(888) 995-4673

This is not a comprehensive list,
for more information regarding
human service and support agencies please call:

United Way: Dial 211

For Emergencies: Dial 911

*24 hour hotlines and referrals

Schenectady Community Resources

Legal Aid Society	(518) 462-6765	55 Colvin Avenue, Albany
Schenectady Community Action Program (SCAP) Resource Center	(518) 374-9181	913 Albany Street Schenectady
Schenectady One Stop Center	(518) 344-2737	797 Broadway
Schenectady County Chapter, NYSARC, Inc.	(518) 372-1160	214 State Street
Schenectady Inner City Ministry	(518) 374-2683	837 Albany Street

Schenectady County Social Services

Schenectady County DSS	(518) 388-4470	797 Broadway
DSS Adult Protective Services - Schenectady	(518) 344-2830	797 Broadway

Schenectady Housing and Shelter Assistance

Schenectady Community Action Program, Inc. (SCAP)	(518) 374-9181	913 Albany Street Schenectady
Bethesda House of Schenectady	(518) 374-7873	834 State Street
City Mission of Schenectady	(518) 346-2275	425 Hamilton Street
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect Street, Building 2, Suite 313, Ballston Spa

Schenectady Clothing and Furniture Assistance

Salvation Army Schenectady Corps Community Center	(518) 346-0222	222 Lafayette Street
Schenectady Community Action Program (SCAP)	(518) 374-9181	913 Albany Street
Home Furnishings Program, Inc. *Referral Required	(518) 346-2444	603 State Street

**Price points may vary - call ahead for availability and pricing*

Schenectady Community Meals

BREAKFAST

Mon- Fri	7:30 AM - 8:30AM	Salvation Army Schenectady	222 Lafayette St. (518) 346-0222
Sun (except 1st Sun of the month/holidays)	8:30 AM - 9:30 AM	First United Methodist Church	603 State St. (518) 374-4403
Last Sat of the month	10:00 AM - 11:00 AM	Emmanuel Friedens Church	218 Nott Terrace (518) 374-4114

LUNCH

Mon - Fri	1200 PM-1:00PM	Salvation Army Schenectady	222 Lafayette St (518) 346-0222
Mon - Fri	2:30 PM-4:00 PM	Bethesda House	834-836 State St (518) 374-7873
Sundays	3:00 PM-3:30PM	City Mission	512 Smith St (518) 246-2275 ext. 0
Last Sun of the Month	1:30 -2:30 PM	Christ Church Episcopal	970 State St (518) 374-3064

DINNER

Mon - Sat Takeout	4:30 PM-5:30 PM	City Mission	512 Smith St (518) 246-2275 ext. 0
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SCHENECTADY COUNTY

Schenectady Food Assistance

To find the pantry that serves your neighborhood call:
The Food Pantries for the Capital District - (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:
NOEP (Nutrition Outreach and Education Program) - (518) 374-2427
SNAP (Supplemental Nutrition Assistance Program) - (518) 388-4470

Information about the Women, Infants, and Children Program (WIC):
Schenectady Public Health - (518) 386-2824, 107 Nott Terrace

Information about Summer Meals:
 Dial 211, or text "Food" to 304-304

Food 4 Schdy App:
 Search "Food 4 Schdy" on the Google Play or Apple App Store

Schenectady Medical Assistance

Cancer Services of Schenectady	(518) 841-3726	Call for Locations
Ellis Family Health Center	(518) 382-2000	600 McClellan Street
Family & Child Service of Schenectady, Inc	(518) 393-1369	1007 Maryland Ave, Schenectady
Healthy Schenectady Families	(518) 386-2824	107 Nott Terrace
Hometown Health Center	(518) 370-1441	1044 State Street
Planned Parenthood of Schenectady	(518) 374-5353	1040 State Street
Schenectady County Chapter, NYSARC, Inc	(518) 372-1160	214 State Street
Schenectady County Public Health Services	(518) 386-2815	107 Nott Terrace, Suite 306
Damien Center (HIV/AIDS)	(518) 449-7119	728 Madison Ave, Suite 100, Albany