



The Food Pantries for the Capital District

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.

Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

www.TheFoodPantries.org

ABOUT HUNGER IN THE CAPITAL DISTRICT

According to Feeding America, more than 2.16 million children and adults in New York are food insecure. Essentially, more than 11.1% of the population of NY do not have enough food to meet basic nutritional needs.

New York State and Capital District hunger statistics (2018)

New York State

11.1% of total population = 2,166,060 people are food insecure

16.9% of children = 685,500 infants and children are food insecure

Albany County

10.2% of total population = 31,200 people are food insecure

15.7% of children = 9,010 infants and children are food insecure

Rensselaer County

10.3% of total population = 16,480 people are food insecure

17.9% of children = 5,680 infants and children are food insecure

Saratoga County

7.5% of total population = 16,990 people are food insecure

12.9% of children = 6,050 infants and children are food insecure

Schenectady County

10.0% of total population = 15,550 people are food insecure

16.6% of children = 5,550 infants and children are food insecure

THE EFFECTS OF HUNGER ON YOUR NEIGHBORS AND THE COMMUNITY

Prolonged food insecurity can lead to a lifetime of poor health

Hungry children do not perform well in school

Hungry adults do not perform well in the workplace

Hungry senior citizens are forced to choose between medication and basic utilities and food

Hungry veterans choose between food and shelter

TRUTH AND MYTH OF THE SNAP (formerly called food stamps) PROGRAM

MYTH-SNAP provides enough food to feed the hungry

TRUTH-At least 43% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America

TRUTH-SNAP benefit typically supply enough food for only 3 weeks of the month

TRUTH-Snap only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities

TRUTH-Some people who are food insecure do not want to apply for SNAP—they just need short-term assistance or only visit a pantry to fill a gap in income

WHO ARE "THE HUNGRY" IN OUR COMMUNITIES?

Single Parents

Senior Citizens

Veterans

College Students

Underemployed individuals

Babies and children of struggling families

The Food Pantries for the Capital District Basic Needs Resource Guide



Find Help Where You Need It:

Saratoga County

Thank you to our sponsor:





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ABOUT THE FOOD PANTRIES—QUICK FACTS

The Food Pantries is a coalition of more than 65 food pantries

Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties

The Food Pantries was founded in 1979

We collect food from food drives for free distribution to our member pantries

- The community can help by hosting Food and Fund Drives

\$1 can help provide 6.25 pounds of food to the hungry

All of the services we provide to our members are completely free for them to utilize

HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 2022, we helped fund, collect and deliver enough food for more than

3.2 million meals and 282,033 pantry visits

Delivery Service—1,467 tons of food delivered to our member pantries

Food Drives—183,699 pounds of food collected

Donated Products Delivered—212,191 pounds of donations distributed

Infant Needs— 64,230 diapers and 1,035 cans of formula distributed

Food Funding—Money is put on account at the food bank for our food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

Information and Referrals— 8,741 people were referred to pantry services and additional programs.

WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2022 Numbers and Statistics)

Approximately 69,665 people access food from our member food pantries each year.

On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

86,286 pantry visits by infants and children (ages 0-17)

159,054 pantry visits by adults (ages 18-59)

36,693 pantry visits by senior citizens (ages 60+)

We are maintaining the highest service levels in our coalition's history

Saratoga Housing and Shelter Assistance

CAPTAIN Youth and Family Services	(518) 371-1185 (518) 584-6042 (24 Hr Youth Shelter)	5 Municipal Plaza, Suite 3, Clifton Park
HEAP Saratoga County	(518) 884-4146	152 West High Street Ballston Spa
Mother Susan Anderson Emergency Shelter	(518) 584-3122	60 Caroline St, Saratoga Springs
Shelters of Saratoga	(518) 581-1097	14 Walworth St, Saratoga Springs
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect St, Building 2, Suite 313, Ballston Spa

Saratoga Clothing and Furniture Assistance

CAPTAIN's Treasures	(518) 383-1788	1705 Route 9, Clifton Park
Franklin Community Center	(518) 587-9826	10 Franklin St, Saratoga Springs
Moreau Community Center Thrift Shop	(518) 792-6007	144 Main St, South Glens Falls
Noah's Attic Thrift Shop	(518) 885-9455	15 West High St, Ballston Spa
Second Hand Rose	(518) 695-4640	116 Broad St, Schuylerville
Upper Room Thrift Shop	(518) 885-6886	101 Milton Ave, Ballston Spa

**Price points may vary - call ahead for availability and pricing*

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The Food Pantries for the Capital District
d/b/a The Food Pantries
32 Essex Street
Albany, NY 12206
518-458-1167 x1
pantries@thefoodpantries.org
www.TheFoodPantries.org

Hotline and Service Referral List

Adult Protective Services	(518) 447-7177
NYS HIV Hotline—AIDS Counseling and Testing	(800) 541-2437
Línea directa de SIDA en Español	(800) 233-7432
Al-Anon <i>for Friends and Families of Alcoholics</i>	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (OAS)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse Hotline (National)*	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 457-5727
Domestic Violence Assistance (Unity House)	(518) 272-2370
Domestic Violence Hotline (Equinox)*	(518) 432-7865
Domestic Violence Hotline (Wellspring)*	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167
Human Trafficking Hotline (National)*	(888) 373-7888
Hunger Hotline (USDA National)	(866) 3-HUNGRY (866) 348-6479
Línea Directa del Hambre (USDA Nacional Español) *24 hour hotlines and referrals	(877) 8-HAMBRE (877) 842-6273

Saratoga Community Meals

BREAKFAST

Mon-Th	800 AM - 9:00 AM	Salvation Army Saratoga	27 Woodlawn Ave, Saratoga Springs (518) 584-1640
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LUNCH

Mon-Sat Sun	11:45 AM - 1:00 PM 3:00 PM - 4:00 PM	Lifeworks Community Action	24 Circular Street Saratoga Springs (518) 288-3206
1st Sundays	2:00 - 4:00 PM	St. Clement's Outreach	24 Circular Street Saratoga Springs (518) 584-6122

Saratoga Community Resources

CAPTAIN Community Human Services	(518) 371-1185	5 Municipal Plaza # 3, Clifton Park
Lifeworks Community Action	(518) 288-3206	39 Bath Street, Ballston Spa
Franklin Community Center	(518) 587-9826	10 Franklin Street, Saratoga Springs
Legal Aid Society	(518) 587-5188	40 New St, Saratoga Springs
Mechanicsville Area Community Center	(518) 664-8322	6 South Main St, Mechanicville

Saratoga County Social Services

Saratoga DSS	(518) 884-4140	152 West High St, Ballston Spa
DSS Adult Protective Services - Saratoga	(518) 884-4159	152 West High St, Ballston Spa

SARATOGA COUNTY

Saratoga Food Assistance

To find the pantry that serves your neighborhood call:
 The Food Pantries for the Capital District - (518) 458-1167 x1

For SNAP (Food Stamp) eligibility prescreening and application information:
 NOEP Saratoga (Nutrition Outreach and Education Program) - 518-587-5188 Ext. 412
 SNAP Saratoga (Supplemental Nutrition Assistance Program) - (518) 884-4155

Information about the Women, Infants, and Children Program (WIC):
 Saratoga Public Health - (518) 288-3232

Information about Summer Meals:
 Dial 211, or text "Food" to 877-877

Saratoga Medical Assistance

Cancer Services of New York	(866) 442-2262	No-cost screening for uninsured individuals. Call for Locations
Four Winds Hospital	(518) 584-3600	30 Crescent Ave,
Planned Parenthood of Clifton Park	(518) 383-1783	1673 Route 9, Clifton Park
Planned Parenthood of Saratoga Springs	(518) 584-0041	236 Washington St, Saratoga Springs
Saratoga County Health Department	(518) 584-7460	31 Woodlawn Ave. #1, Saratoga Springs
Saratoga Community Health Center	(518) 886-5600	24 Hamilton St, Saratoga Springs
Saratoga Hospital	(518) 587-3222	211 Church St, Saratoga Springs

Meals on Wheels <i>Home Delivered Meals for Seniors</i>	(518) 465-6465
Medicaid Helpline	(800) 541-2831
Narcotics Anonymous	(888) 399-5519
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 549-6000
Psychiatric CDPC Crisis Unit and Crisis Mobile Unit	(518) 549-6500
Sexual Assault Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 486-1086
Suicide Prevention Hotline (National) *	(800) 273-8255
Mortgage Help (Homeowner's Hope Hotline)	(888) 995-4673

This is not a comprehensive list,
 for more information regarding
 human service and support agencies please call:

United Way: Dial 211

For Emergencies: Dial 911

*24 hour hotlines and referrals