

Annual Report 2022

THE FOOD PANTRIES FOR THE CAPITAL DISTRICT

TOGETHER WE CAN DO MORE







WORKING TOGETHER WE CAN DO MORE.

A message from the Executive Director



An older woman calls our referral team every month. "Thank you, I am so grateful," she says. Once a month she receives home delivered groceries from a local food pantry, a service coordinated by our team. She is unable to get to the pantry on her own, relies on a walker, and has no one to go on her behalf.

She is just one of the many individuals in our region who utilize our network of more than 65 food pantries each year. 2022 brought record breaking numbers, but not the kind to be

celebrated. The impact of the end of COVID federal assistance programs such as child tax credits, on top of food inflation rates of 10-12%, led to a record total of 69,655 individuals visiting our food pantries, 34% more than 2021, with the largest increases in service to children and older adults.

"We have seen a significant increase in the need for food assistance—both in the number of new families asking for our service and in the number of times per month already registered families are asking for additional service" says Marcia Dudden of Living Hope UMC Food Pantry in Waterford.

Now, in 2023, 82% of our pantry members are experiencing higher service levels than in 2022. Pantry coordinators who have been working for decades say they have never seen it so bad and are struggling to keep food on the shelves. Our programs are critical to local food pantries. In 2022, our drivers delivered more than 3.6 million pounds of food directly to pantries, and we provided more than \$300,000 in supplemental food funding to pay for food from the Regional Food Bank, for wholesale produce, milk, eggs, and grocery store gift cards.

We build capacity through shared service models and collective impact. Service coordination and sharing information and resources helps our members do what they do best—getting food to people today and every day throughout the year. In fact, on any given day, 760 children are eating dinner because their guardians were able to get groceries from one of our member food pantries.

Working together to do more than any one of us alone. We thank you for the role that YOU play in the fight against hunger!

Natasha Pernicka

2023 Board of Directors

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More than 89,000 people are food insecure in Albany. Rensselaer, Saratoga, and Schenectady Counties. 27,000 are children. We're here to help!

HIGHLIGHTS

Member Pantries/CFAN Members	4
Coalition Community Impact	5
Events	6
Partner Appreciation	8
Strategic Initiatives	10
Financial Summary	11

What does it mean to be a coalition of food pantries?

Working together to do more than any one of us can do alone.

Did you know?

By providing a minimum of three days' worth of free, nutritious grocery items, food pantries fill a gap for many people on a monthly basis. Pantries strive to distribute food based on the U.S. Department of Agriculture's MyPlate model of the five food groups that are the building blocks for a healthy diet.









OUR VISION

A Hunger-free Capital Region

HISTORY

Our coalition was founded in 1979 by the Urban Ministries Fellowship, a committee of the Capital Area Council of Churches. We started with 10 member food pantries. In 1980 we sponsored our first food drive. That year, people sought food assistance 15,472 times from 16 food pantries. Since then we have grown substantially, as hunger has spread throughout the community we serve. Your support helps us provide food for 3.2 million meals annually to assist the hungry in the Capital District.

OUR MISSION

We are a coalition of more than 65 food pantries in Albany, Rensselaer, Saratoga, and Schenectady Counties, working together to feed the hungry. Our mission is to address hunger in the Capital District through our member food pantries.

How we fulfill our mission

We support our pantries by funding, purchasing, collecting, and delivering food. We provide a forum for networking, coordinating services, educating and training pantry staff and volunteers. We are a voice for the LOCAL hungry.

Member Pantries

Albany County

Albany Community Action Partnership (ACAP) **Altamont Community Food Pantry** Bethlehem Food Pantry **Blessed Sacrament Parish** Capital Church Food Pantry **Capital District Latinos** Christ Our Light Church Food Pantry First Church in Albany (FCIA) **FOCUS Interfaith Food Pantry Guilderland Food Pantry** Hilltowns Community Resource Center Mater Christi Food Pantry Metropolitan Food Pantry **Onesquethaw Food Pantry Redemption Church Food Pantry** Sacred Heart Outreach St. Ambrose Pantry St. Clare's Food Pantry St. James Food Pantry St. John's/St. Ann's Outreach Center St. Mary's Outreach "The Pantry" @ St. Patrick's St. Vincent de Paul Food Pantry

Trinity Alliance Food Pantry
Trinity Alliance-Arbor Hill Pantry
Trinity UMC Food Pantry
United Church of Cohoes
Venture Churches Food Pantry

Sister Maureen Joyce Food Pantry

The Salvation Army Food Pantry Albany

Rensselaer County

The Anchor Food Pantry
Brunswick Cares Food Pantry
Catholic Charities Tri-County Services
Roarke Center Food Pantry
CEO Food Pantry
CONSERNS – U
Doors of Hope
The Gathering Place
HACA Food Pantry
Hope 7 Food Pantry
Mt. Ida Community Food Pantry
Nassau Resource Center
Oakwood Food Pantry

Pittstown Area Food Pantry St. Joseph's Food Pantry The Salvation Army-Troy Schaghticoke Food Pantry Unity House of Troy, INC YWCA-GCR

Saratoga County

CAPTAIN CHS Karyl's Kupboard Christ Church Food pantry Faith Food Pantry Franklin Community Center Food Pantry **Grace Church Food Pantry Greater Galway Food Pantry** Harvest Church Food Pantry LifeWorks Community Action Living Hope United Methodist Church Food Pantry Mechanicville Area Community Services Center (MACSC) Perry Road Food Pantry St. Clement's Food Pantry Salvation Army of Saratoga Springs **Food Pantry** Upper Room Thrift Shop & Food Pantry Wilton Food Pantry

Schenectady County

Bethesda House
Bethesda House - PG Wright
Food Pantry
Bread of Life Food Pantry
Salvation Army Schenectady
Schenectady Community Ministries
(SiCM)
State Street Food Pantry

Associate Members

Associate members are interested in Full Food Pantry Membership, a process that includes a 6-8 month period of meeting membership guidelines and a vote of board and members.

Schenectady County

Braman Hall Food Pantry

Community Food Assistance Network

Albany Damien Center

Albany Medical College

Albany Food Farmacy

Alliance for Positive Health
Altamont Feeding Program
Brightside Up
Capital Roots
Catholic Charities of the Diocese
of Albany
CDPHP
Community Foundation for the
Greater Capital Region
Cornell Cooperative Extension
Ellis Food Farmacy
Fidelis Care
FOCUS Churches of Albany
Grassroot Givers

Grassroot Givers
Healthy Alliance
Legal Aid Society of Northeastern NY
LifePath (formerly Senior Services
of Albany)

Mom Starts Here
New Scotland Community Food Pantry
New York State Academy of
Nutrition and Dietetics
NYS Department of Agriculture &

NYS Department of Agriculture & Markets

Pitney Meadows Community Farm Purple Pantry University at Albany Regional Food Bank of Northeastern New York

RISSE

Sage College Nutrition Department
St. Mary's Healthcare
St. Peter's Health Partners
Shrine Church of Our Lady of the
Americas
Siena College
South End Children's Cafe



COALITION COMMUNITY IMPACT

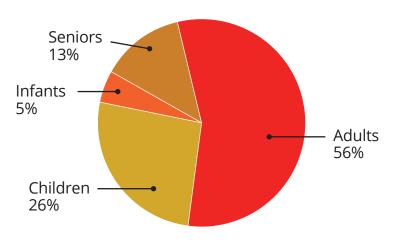
Meals 3,263,708

33% increase



Total Pantry Visits 282,033

27% increase



Together, in 2022, our coalition of food pantries worked to alleviate hunger by providing approximately 69,665 individuals food for more than 3.2 million meals. Our member pantries were visited 282,033 times by individuals and families enduring food insecurity. Our coalition saw a 27% increase in overall pantry visits.

WORKING TOGETHER WE ARE ABLE TO MAXIMIZE RESOURCES TO INCREASE OUR IMPACT. THE FOOD PANTRIES 2022 PROGRAM IMPACT NUMBERS INCLUDE:



Keeping our youngest fed and dry

> **64,230 Diapers** 1,035 Formula



Connections

Referrals to pantries and other basic needs services

8,741 Referrals



Individuals

Our volunteers make a difference in our office, in our pantries, and in our community

150+ Volunteers



Food Resources for Pantries

Keeping shelves stocked all year long

\$331,492 Funded 141,969 lbs Collected



Home Delivery

Coordinating and making grocery deliveries to those who cannot access a pantry

6.896 Home Deliveries



Food Connect Mobile Outreach

Increasing food access and connection to resources

5,900 lbs of produce distributed 810 Visits to Food

Connect sites 210 Pantry referrals



Deliveries

186,225 lbs Food Drives/Donations/

Community Events 3,234,595 lbs **Food Express**

Food Shuttle/Rescue 292,191 lbs 17,341 lbs **Hygiene Products**

3,713,011 **Total lbs** of Food **Delivered**

2022 SPECIAL EVENTS

Harvest Evening

HARVEST EVENING CELEBRATION Presented by AOW Associates and Tri City Rentals honored Bruce Sowalski Memorial Award Winners. Top local chefs Kizzy Williams from Allie B's Cozy Kitchen, Brad Stevens from B-rads Bistro and Catering & The Babbling Brook, Nick Meola from Bountiful Bread & Annabel's Pizza and Co, Anastasia Rodgers from Honest Weight Food Co-op, Todd MacMartin from Mazzone Hospitality, and Adam Foti from PDT Market participated in our Food Pantries Chefs' Challenge. The judging panel included Catherine Hover & Marcella Hammer of Palette Community, Jennifer Ciulla Van Ort of the NYS Association of Criminal Defense Lawyers, Yono Purnomo of Yono's Restaurant and Dave Smith, Head Coach of RPI Men's Hockey Team. Thank you to our sponsors:









Feature Sponsors

AOW Associates KeyBank WealthONE Tri-City Rentals Times Union

Major Sponsors

Fagan Associates CDPHP Rivers Casino & Resort Schenectady M&T Bank

Community Sponsors

Arnoff Moving & Storage Broadview Federal Credit Union DSC Leadership Consulting, LLC Schuyler Companies OrthoNY
The Pioneer Charitable Foundation
Robert Lazar, CPA
Rosenblum Companies
Stone Management
Teal, Becker & Chiaramonte

Supporting Sponsors

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Friends of Neil Breslin
Grassland Equipment
Hannay Reels
Healthy Alliance
Hill & Markes
Lutz, Selig & Zeronda

Nielsen Associates
Omni Development Company, Inc.
PNJ Technology Partners
R.F. Peck Company
Security Plumbing and Heating Supply
The University at Albany Foundation

Bruce Sowalski Memorial Award Winners:

Welcoming to All – Hope 7
Participating as a Contributing
Member of the Coalition –
Trinity Alliance
Innovation – Franklin Community
Center Food Pantry
Volunteer Relations – Salvation Army
Albany

Canstruction **Hunger Heroes**

Teams

ACEC Bergmann Associates C2 Design Group Essex St. Warriors Girls Can Do! JMT of NY McLaren Engineering Group Ryan Biggs Clark Davis Simplify Medicare

Total \$5,953 Total 7,178 lbs of food 8th year for Hunger Heroes



Members of the Albany Patroons lending a helping hand with Hunger Heroes donations









Coffee & CommuniTea

Emceed by Giuliana Bruno

Volunteer of the Year Awards:

Betsy Ryan, Bread of Life Food Pantry, Schenectady, County

Anita Miczek, St. Clement's Food Pantry, Saratoga County

Elizabeth Baker, Schaghticoke Food Pantry, Rensselaer County

Nancy Vanwagenen, Mater Christi Food Pantry, Albany County

Community Partner Awards

SEFCU (Now Broadview FCU) Outstanding Community Partner

The Schenectady Foundation Dinnie Shanley Award

Envoy Vangerl Pegues Sister Mary Coons Award

WITH APPRECIATION



In 2022, our Food Rescue "Food Shuttle" Program collected and distributed 157,740 lbs of bread and baked goods, including whole grain items. We are so grateful to all our donors who participated in this program.

BJ's Wholesale Club **Bimbo Bakeries Bountiful Bread** Freihofer's Baking Company Hannaford **Honest Weight Food Co-op** **Pepperidge Farm Regional Food Bank** of Northeastern **New York** ShopRite **Uncommon Grounds Whole Foods**



In 2022, we collected and distributed 96,181 lbs of **produce** to our member pantries. We are so thankful to our produce partners for working with us to get fresh, nutritious produce. Our top donors were:

Regional Food Bank of Northeastern **New York** 54,451 lbs Capital Roots-Squash Hunger 24,194 lbs Society of St. Andrew 5,225 lbs

Hannaford West Sand

Lake 4,119 lbs

Price Chopper 1,888 lbs **HSB Trucking 1,337 lbs SEFCU Lettuce 1,242 lbs** Whole Foods 1,078 lbs Siena College Social Work Club 987 lbs **Hudson Mohawk Road Runners Club 597 lbs**



We continue to be both amazed and incredibly grateful for all of the individuals and groups who offer support to our neighbors through food and fund drives. In 2022, we distributed 141,969 lbs of shelf-stable food! Our top donors were:

Soho Water Works 31.381 lbs **Whole Foods Market** 31,092 lbs **Regional Food Bank** of Northeastern **New York** 15,567 lbs

STAMP Out Hunger

9,329 lbs

Family Farmstead 6.196 lbs **Hoffman Car Wash** 5.981 lbs **Hannaford West Sand Lake** 5.430 lbs Capital Roots 5,328 lbs GoPuff 4,489 lbs **Hunger Heroes, ACEC** 3,562 lbs

Warehouse, Storage & **Delivery Partners**

Thank you to Arnoff Moving, Storage and Rigging, Stone Management, and Harvest Church.

Honest Weight Food Co-op

Our good friends and neighbors at the Honest Weight Food Co-op made The Food Pantries the recipient of their "Be the Change" program again in 2022. With the help of their shoppers, they made an incredible gift of \$18,429.50.

WAMC

We are grateful to Joe Donohue and to all the WAMC Northeast Public Radio staff for promoting The Food Pantries during the amazing WAMC Food Drives. WAMC listeners come through for us time and time again by supporting our work to fight food insecurity in the Capital District.

THANK YOU TO OUR CORPORATE & FOUNDATION SUPPORTERS

A.L. Hofaker, Inc Insurance **Abbott Laboratories Accent Commercial Furniture** Albany Financial Group Albany Girl Friends Community Fund Albany Shaker Real Estate AmazonSmile Foundation American Council of **Engineering Companies of** New York (ACEC) American National Insurance Company **Amsure** Ann Allen Cetrino Family Fund AOW Construction, LLC Arnoff Moving and Storage Atrium Financial Group Ayni Brigade, LLC **Best Tile** B'nai B'rith Gideon Foundation **Bohler Engineering** Boralex Hydro Operations Inc. Bourque Mechanical Systems, Inc. **Broadview FCU Building Owners and Managers** Association (BOMA) Bunkoff General Contractors. Inc C.T. Male Associates C2 Design Group Capital Intermediary LLC Capital Region Chamber **CDM Fitness CDPHP** Chenango Contracting Colonie Guilderland Rotary Club Commercial and Industrial

Real Estate Brokers, Inc.

County Waste & Recycling

DSC Leadership Consulting,

Dunkin' Joy in Childhood

Creatacor Exhibits & Displays,

Dwight Plumbing and Heating

(CIREB)

LLC

Foundation

Eastern Contractors Association, Inc. Eastern Heating and Cooling Inc. **Engineered Solutions** EYP Architecture and Engineering Fagan Associates Farmers Insurance Fenimore Asset Management Gartner, Inc. **GE** Foundation Gomez and Sullivan Engineers Grassland Equipment & Irrigation Corp. Hannaford Supermarkets Hannay Reels Hartgen Archeological Associates Healthy Alliance Hearst Media Hill & Markes, Inc. Hoffman Car Wash Honest Weight Food Cooperative, Inc. Hortense and Louis Rubin Community Health Fund of The Community Foundation for the Greater Capital Region **Hudson Mohawk Road** Runners Club International Alliance of Theatrical Stage Employees Local 592 Jade Stone Engineering, PLLC Janitronics lewish Federation of Northeastern New York JMT of NY, Inc. John D. Picotte Family Foundation Kevin Cleary Government Relations, LLC KeyBank L.J. Early Co., Inc. Laticrete International, Inc. Liberty Mutual

Lutz, Selig & Zeronda, CPAs,

L.L.P.

M&T Bank Macquarie Mamoun's Falafel Restaurant Marshall & Sterling Wealth Advisors McCarthy Charities, Inc. Microsoft Mohawk Global Morgan Stanley Mosaic Associates Architects DPC Mother Cabrini Health Foundation Multi-Phase Contracting Corporation MVP Health Care **National Corvette Restorers** Society - Adirondack Chapter New York Health Foundation New York State Department of Health Northeast Commercial Interiors LLC Northeast Wellness Consulting NYS Teacher's Retirement System Omni Development Co., Inc. OrthoNY Package Pavement Patren Consulting Service Pioneer Bank Foundation PNJ Technology Partners, Inc. **Price Chopper Supermarkets** - Golub Foundation Pro Sound Associates . LLC **Pursuit Foundation** R.F. Peck Co., Inc. Regeneron Pharmaceuticals, Research Foundation for State University of New York **Review Foundation** Rivers Casino & Resort **RLF Realty** Robert Half Rockefeller Foundation **Rosenblum Companies** Rustic Barn Pub Ryan Biggs Clark Davis

Scott Film Realty Security Plumbing & Heating Supply **SEFA** SEFA Adirondack Region Sevmour Fox Memorial Foundation Shoploveandcrystals Sidford Family Fund of The Community Foundation for the Greater Capital Region Simmons Capital Group St. John's Episcopal Church St. Mary's Auxiliary St. Matthews Episcopal Church St. Peter's Nursing and Rehabilitation Center Staged Nest Real Estate LLC Stewart's Shops Stone Management Tax Alumni Club Teal, Becker & Chiaramonte The Schenectady Foundation Tierra Farm Inc. Titan Roofing, Inc. TM Blast, LLC Tri City Rentals Trudeau Architects PLLC United Health Group United Way of the Greater **Capital Region** University at Albany Foundation Veeva Voorheesville UMW Circle Of Friends WAMC WealthOne, LLC Weston & Sampson, PE, LS, LA, PC Willow Cabin Studio Zalucki and Halstead, LLP **CPAs**

STRATEGIC INITIATIVES



The Alliance for a Hunger Free New York

In 2020, in response to the COVID shutdown, we collaboratively started the NYS Community Food Assistance Network (NYS CFAN) to work together to advocate for State support of food pantries and those experiencing food insecurity. In 2022, we formed a transitional board including NYS CFAN steering committee members and Hunger Action Network of NYS (HANNYS) board members to fuse those efforts into a new 501c3, The Alliance for a Hunger Free New York (The Alliance). The Alliance is managed by The Food Pantries for the Capital District and is working to increase resources for food pantries around the state while pushing advocacy agendas forward to end hunger across NYS through stronger living wages and federal assistance programs. We want to thank all the NYS CFAN, HANNYS members, and board members for their collaboration and partnership as we work together towards system change. The Alliance will present the 4th biennial NYS Food Summit Conference in June 2024.

New York State Food as Medicine (FAM) Project

In April 2022, NY released a proposal for an amendment to its Section 1115 Medicaid demonstration waiver addressing health disparities exacerbated by the pandemic. A key aspect of NY's proposal would allow Medicaid to pay for FAM interventions that respond to health-related social needs of beneficiaries, including food insecurity.

For the first time, the NYS FAM Project convened representatives from every region of the state and key stakeholders including healthcare providers and payers, government, academic institutions, advocacy orgs, community-based nutrition providers, retail, FAM program participants, agriculture and more to harness policy opportunities and develop recommendations as a "blueprint" for the sustainable and equitable integration of FAM services into NY Medicaid and the broader healthcare system. The 18-month project led by TFP and The Alliance, with funding from the NY Health Foundation and technical assistance from the Center for Health Law and Policy Innovation of Harvard Law School, published 15 policy recommendations to help guide NYS towards successful integration. Implementation of the Recommendations is being driven by the newly formed NYS FAM Coalition.

For more information, please visit https://thefoodpantries.org/home/new-york-state-food-as-medicine-project/

Healthy Pantry Initiative

In response to guest surveys indicating a desire for healthier food and the work pantries in our coalition have been doing to improve guest experiences, we began designing the Healthy Pantry Initiative (HPI). In 2022, we developed the HPI Assessment Tool to measure a pantry's status and provide strategies to meet the six objectives of a Healthy Pantry: Increasing Guest Choice; Promoting Additional Resources; Planning for Alternative Eating Patterns; Marketing Healthful Products; Emphasizing Fruits, Vegetables and Whole Grains; and Meeting Environmental Objectives. We have visited all participating coalition pantries to provide the HPI Assessment and have been encouraged by the results and enthusiasm among our pantries. We look forward to providing updates in our 2023 report! A special recognition and thanks to Kimberly Mitchell, a former intern and consultant, for all their work on this project.

Home Delivered Groceries: Addressing Barriers to Access

We have been working with coalition food pantries to provide home delivered groceries since the 2020 COVID shutdown. In 2022, with the end of COVID-related funding, we prioritized the creation of a sustainable home delivery program. Due to the results of our pantry guest survey, raising awareness of the immense need has been a primary strategy so that supporters and funders understand the importance of paid drivers and agency vans in insuring equitable services throughout our region. In 2022, 79% of referrals made by our Food Access Referral Team required home delivery. Our drivers made 2,487 home deliveries. Here is one example of someone who benefited from our home delivery service:

A previously homeless veteran reached out to our Referral Team. He said he had bad knees and was testing how far he could walk to get to a pantry. Our Referral Specialist told him that we could schedule a home delivery if he found it too difficult to get to the pantry. He let out a whoop of joy and said he was so grateful for our help and that he hadn't thought delivery was possible.

25% of food pantries in our coalition rely on their staff and volunteers to provide home deliveries. Our dedicated drivers fill the gaps. While financially and logistically challenging, we know how impactful this program is to our community, and we will continue to seek financial support to sustain and expand the lifeline that is our home delivery program.



2022 FINANCIAL SUMMARY

As a local nonprofit, we strongly rely on individuals and community partners to support the work that we do. Your dollars stay local and make a real impact in our community. In 2022, our revenue was \$2,952,124 and our expenses were \$3,102,288. We realized a net loss of \$150,164. Thank you to all who contribute to help us feed the hungry!

Did you know?



can provide up to **6.25 pounds** of food

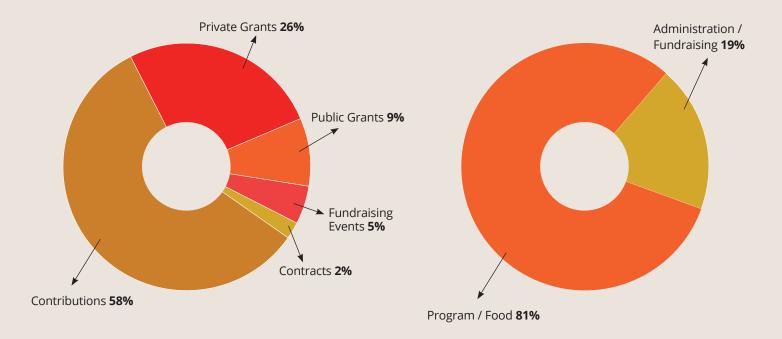


pounds of food can provide one meal



520 meals to feed the hungry!

2022 Revenue: \$2,952,124 2022 Expenses: \$3,102,288



To request a copy of our audited financial statements please contact us at: (518) 458-1167 or pantries@thefoodpantries.org The Food Pantries for the Capital District Tax ID# 141752164 | Stock donation information: Charles Schwab & Company | DTC# 0164-Code 40 / Account# 6451-0525 / RIA: Dennis Fagan

^{*}Based on acquiring food for 16 cents a pound and Feeding America's calculation of an average meal = 1.2 pounds of food.



THE FOOD PANTRIES FOR THE CAPITAL DISTRICT



QUOTES FROM OUR MEMBER PANTRIES

"I'm always impressed with the staff and their pleasant demeanors. They go above and beyond to help whenever possible, expecially with requests and changes. thank you so much for all you do.":-)

"Just keep being yourselves that's all I can ask for I never have an issue with anyone and everyone is so accommodating."

"Thank you so much for all you do. You are a lifeline for us in so many ways. All your programs, information sharing, and personal support are sincerely appreciated. Thank you!"

The Food Pantries for the Capital District, established in 1979, is a 501(c)(3) organization.
32 Essex Street Albany NY 12206

(518) 458-1167 pantries@thefoodpantries.org

Staff

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Angie Pender-Fox,
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Program Director

Angie Weber, Development
and Communications
Manager

Sara Roberts, Grants &
Contracts Manager

Curtis LeClair, Executive Assistant/Development & Communications Associate

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Donna Comley, *Administrative Coordinator*

Matt Cuevas, Sofware Database Program Leader

Libby Miller, *Program Coordinator*

Ken Logan, Fleet Administrator Lydia Calabro, Engagement & Referral Supervisor

Nicole Smith, *Engagement & Referral Specialist*

Tiffany Willsey, Engagement and Referral Specialist

Our Team of Drivers

Sharone Beverly
Peter Borys
Doc Custard
Tessa Loux
Mark Schomer-Dodd

A special thank you to all of our volunteers. We couldn't do it without you!

Thank you to Stan Horaczek, Kerensa Rybak, and Samantha Shipherd for the use of their photography.

Follow us: (f) thefore

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